

# HOSPITAL Rx: NURSE HEALTH & PATIENT EXPERIENCE

Nurses are at the heart of patient care, but what happens when the adoption and integration of technology threatens their wellbeing?

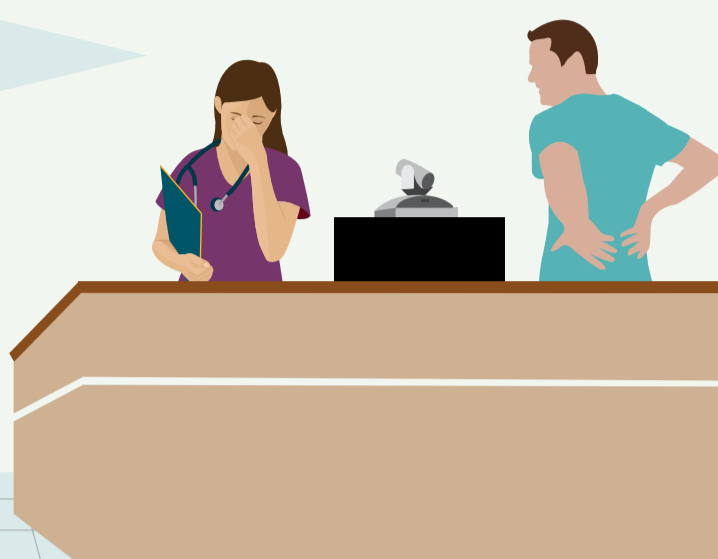


## NURSE HEALTH CONCERNS

- 60% concerned that their job is negatively impacting their overall health
- 12% injured on the job over the past year

Nurses most commonly suffer from:

- 52% back pain
- 38% exhaustion
- 33% sore necks



## NURSE DISCOMFORT AFFECTS PATIENT EXPERIENCE

Nurse injuries have been well documented, but what is often not addressed is how their injuries and physical discomfort directly affect patient care.

Due to physical discomfort, nurses admit they:

- 22% are less friendly or engaging with patients
- 22% modify/limit their activity on the job
- 17% are distracted
- 14% need more assistance from other staff

49% report feeling some level of discomfort while inputting charting data into a computerized point-of-care solution

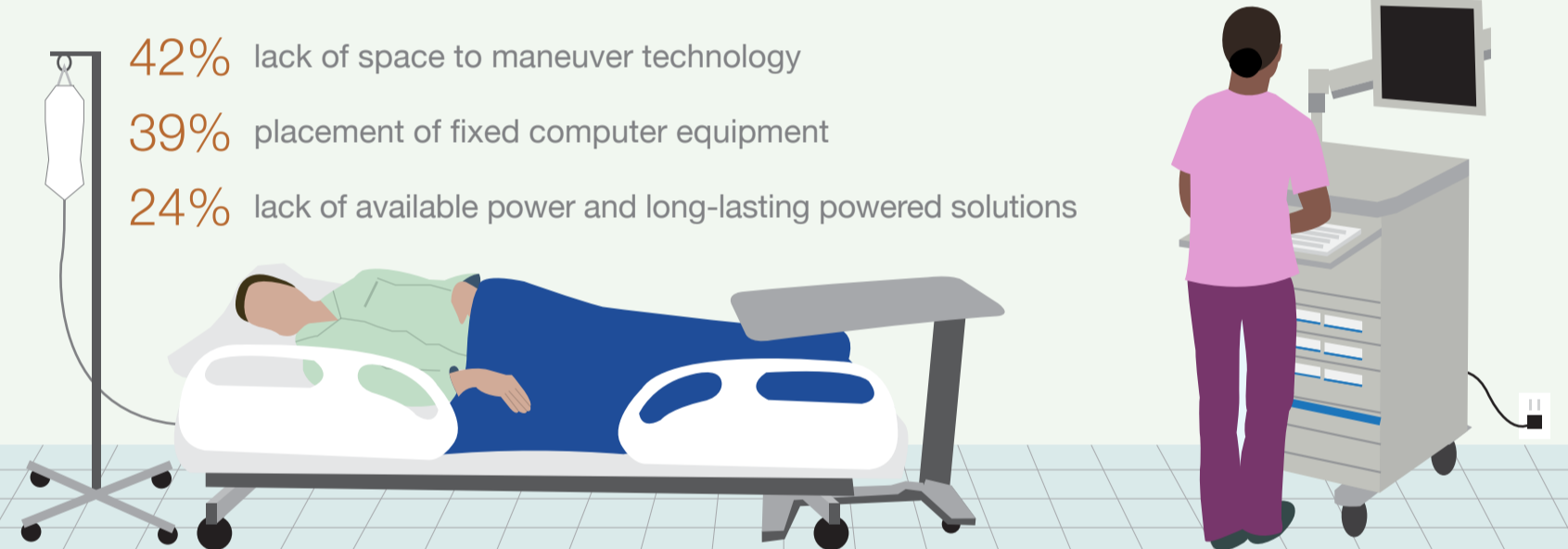


## TECHNOLOGY CAN HELP...

Charting at a patient's bedside reduces errors and improves the patient's perceived quality of care, but only 21% do the bulk of charting in the room with the patient.

Barriers to using computerized devices at the patient's bedside:

- 42% lack of space to maneuver technology
- 39% placement of fixed computer equipment
- 24% lack of available power and long-lasting powered solutions



## ...OR HURT

Nurses remain mired in legacy burdens of the job and face challenges as a result of the massive electronic health record (EHR) restructuring.

61% concerned about the placement of technology

Nurses say the use of EHRs:

- 50% increases their level of stress
- 42% does not increase patient care time
- 36% does not improve patient interaction and engagement



The impact of clinical design and ergonomic principles on the nurse are often overlooked. Here's what the nurses say:

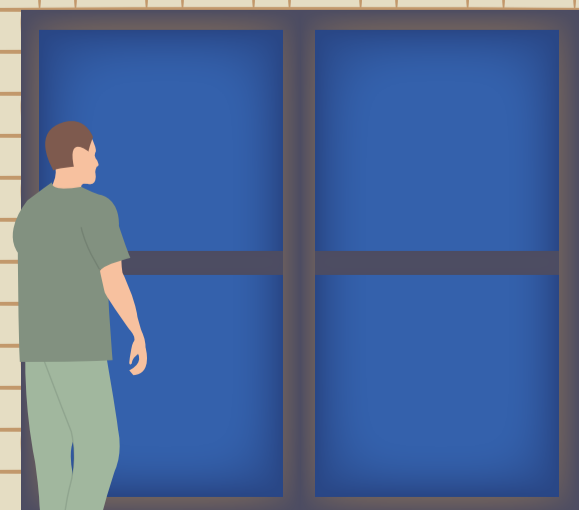
28% would instate an ergonomics team to ensure equipment is supportive for staff

25% updating furniture at the nursing station is important to support the prevention of discomfort, pain or injury to themselves and fellow nurses

22% would implement more point-of-care solutions with sit-to-stand functionality



## HOSPITAL + ENTRANCE



The data reflects a study of 250 credentialed nurses working full-time in the U.S. The Ergotron nursing survey was fielded by the independent research firm GMI Research from March 21 – 28, 2014. The margin for error is plus or minus 3.1 percent.

View the full report at: [healthcare.ergotron.com](http://healthcare.ergotron.com)

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