

Sit-stand WANTS

survey
report

I'd rather
be standing.
FACT.



RESULTS FROM A SURVEY CONDUCTED BY IPSOS PUBLIC AFFAIRS ON BEHALF OF ERGOTRON



24%

Have sought medical care due to discomforts caused by their working environment

68%

Wish that their employer would offer sit-stand workstations and feel that they would work more productively

6 HOURS

Spent by full-time workers facing a computer or a mobile device on a typical work day

HOW SEDENTARY ARE FULL-TIME WORKERS PER WEEK (AVERAGE)?

21 HOURS

Seated at an office desk

7 HOURS

Seated at meetings or home office

28 HOURS

TOTAL out of a 42 hour workweek

To learn more about products to get you moving at work visit ergotron.com

For more information on how the study was conducted visit:
<https://www.ipsos.com/en-us/three-out-four-full-time-employees-large-companies-wish-they-didnt-spend-most-their-working-hours>