

Six important facts

The new meaning of well-being at work

As a result of the COVID-19 lockdown, work environments have evolved with a growing number of full-time remote and hybrid employees. To understand the impact of this monumental shift on workers, we surveyed 600 employees and 600 HR managers in four countries.













Almost three quarters of employees would choose their new employer based on an ergonomic work environment and attention for mental health.



64% of the employees find it very important to **switch between standing and sitting** while working.



Only 22% of the employers provide their employees with equipment to ensure an ergonomic workspace.



Being able to **reposition a computer screen** for different working activities for comfort regardless of activity is seen as most important by employees.



Only 36% of workers have a line manager who regularly checks in with them on health and well-being.



75% of employees find it extremely important to be able to easily work from different spaces in the office.

Visit **ergotron.com** to learn more about ergonomic products to get you moving at work.

